

Annex A to WWCC Safety Guide for Club Trips Trip Leader Check List

Rescue Gear

Minimum Gear required

<input type="checkbox"/>	Split Paddle	(1 per group)
<input type="checkbox"/>	First Aid Kit	(2 per group)
<input type="checkbox"/>	3 Prussic loops	(x 2. ie 6 per group)
<input type="checkbox"/>	3 Karabiners	(x 2. ie 6 per group)
<input type="checkbox"/>	Folding Saw	(2 per group)
<input type="checkbox"/>	Duct tape	(2 per group)
<input type="checkbox"/>	Throw bags	(each person)
<input type="checkbox"/>	Knife	(each person)
<input type="checkbox"/>	2 Slings	(each person)
<input type="checkbox"/>	Whistle	(each person)
<input type="checkbox"/>	Survival bag	(each person) (Fire lighting, survival blanket)
<input type="checkbox"/>	Spare food	(each person)
<input type="checkbox"/>	Spare polypro	(each person)

Before the trip

- Check river flows and weather report. River flow _____
Weather _____

(Cancel or redirect the trip if necessary)

Before the river

- Know the people on the trip. i.e. their names, and abilities.
 Ensure you record the name and contact phone number of all participants'.
 Make sure everyone knows where to meet, eg. on the way, at the take out, etc.

At the River

- Count paddlers Number of paddlers _____
 Check who has rescue gear
 Check experience of paddlers
 Buddy up less experienced paddlers
 Check gear and clothing of less experienced, i.e. boat buoyancy, lifejackets, paddle jacket, polypro.
 Demonstrate River Signals
 Appoint Leader and Tail End Charlie
 Arrange meeting points on the river (if necessary)
 Make sure everyone knows where the Take out is.

**If people are not properly equipped or do not have sufficient experience,
do not let them paddle!**